



Fox Hill Village

A Senior Living Cooperative



Start here.

This is an important time in your life.

Time to reflect on all you've accomplished, yes.

But even more important, a time to consider all you have before you.

Choices and plans informed by your many experiences
and driven by your hopes for the future.

A life that's yours to design on a canvas you create.

A voice that's relevant and wise.

Knowledge to share with those who are coming after.

Skills to hone and new fields to explore.

This might be your next chapter.

It could be a whole new story.

Either way, the choice is yours.

And Fox Hill Village is a fine place to start.

A person wearing a red sweater and blue jeans is sitting cross-legged on a grey shag rug, reading a book. In the foreground, a small, fluffy white dog is sitting on the rug, looking towards the camera. The background is a blurred living room with a sofa and a dining table.

Invest
in your future.

Fox Hill Village's cooperative model is distinctly different from most senior living communities. That's because here, you're an owner.

Life at Fox Hill comes with the pride and privacy of ownership, the ability to fully customize your home to suit your tastes, and everything there is to love about maintenance-free community living with a vibrant, secure lifestyle.

FOX HILL VILLAGE IS A SOUND DECISION THAT KEEPS YOU IN THE DRIVER'S SEAT.

The purchase of your home at Fox Hill makes you a shareholder, giving you a say in how the community operates. Our board of directors is elected by the residents and a variety of resident committees provide guidance and make decisions about various areas of the community and its operations. All residents have equal voting status in electing the board and voting on other key community decisions such as the annual operating budget.

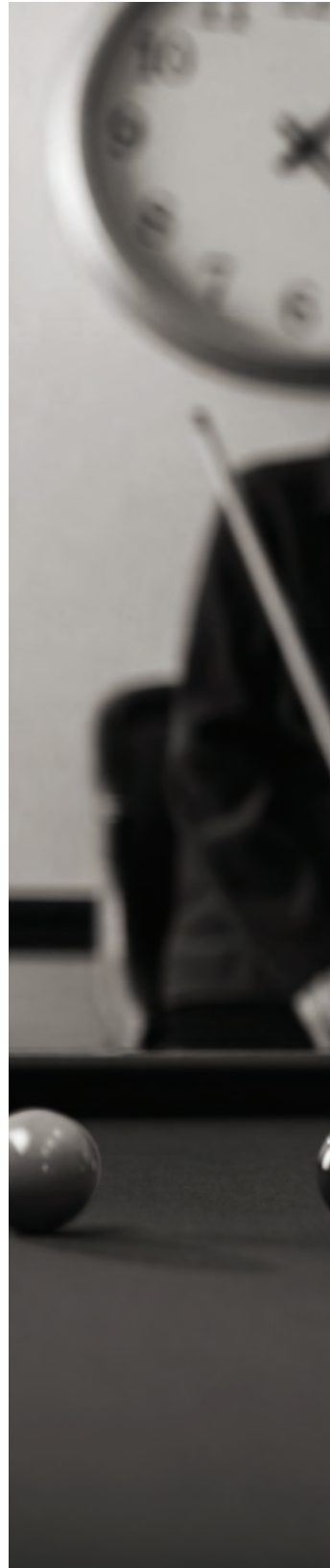
Fox Hill also represents a sound financial investment. Our cooperative structure gives you the potential to benefit from asset appreciation. When you leave Fox Hill, you or your estate will receive 90 percent of the *selling price* of your stock — an important distinction.

You'll also find that living at Fox Hill Village can be more affordable than other senior living communities. Monthly fees are set without markups or additional management fees paid to a holding company or outside investors. Plus, while you'll enjoy peace of mind in knowing that supportive services and continuing care are available right here on our campus, our pay-as-you-go pricing model means you'll only pay for these services if you need them.

**COOPERATIVE.
INCLUSIVE.
CONNECTED.**

“In a world that seems increasingly fragmented and disconnected, Fox Hill Village is a place of community and connectedness. It is a cooperative and we cooperate with each other, whether we pass along a sports page clipping to a proud grandparent, invite someone to the fitness center, take in a package or sprinkle some water on a neighbor’s garden bed.”

— *Michael, resident*





A CONVENIENT LOCATION





Center yourself here.

FOX HILL VILLAGE COMBINES SUBURBAN AND COSMOPOLITAN, NATURALLY.

Located in the attractive, upscale community of Westwood, Massachusetts, Fox Hill Village effortlessly combines the charm and peace of a suburban neighborhood and a naturally beautiful campus with proximity to all the cultural, social, educational, and entertainment opportunities of Boston. In fact, you might just feel like you're in the center of everything.

No matter where you want to go or how you prefer to travel, our location makes it easy. The Interstate 95/Route 128 interchange is less than a mile away. A short, 3.5-mile drive takes you to the Route 128/University Avenue Station where you'll find MBTA commuter rail service to Boston and Amtrak's high-speed Acela and Northeast Regional Service that can whisk you away to New York, Philadelphia, Washington, D.C., or anywhere else in the country. And when your interests take you farther afield, Boston's Logan International Airport is just 14 miles away.

Locally, you'll find plenty of shopping on Westwood's High Street and University Station, and at Dedham's Legacy Place. Fox Hill Village also offers car service that will take you anywhere within a five-mile radius at no charge.





MODERN. ELEGANT. WELCOMING.

When you walk through the front door at Fox Hill Village, you may feel like you've stepped into the lobby of a modern luxury hotel. But you'll know you're home.

The impressive, five-story building is well-appointed, comfortable, and welcoming, with an abundance of natural light and impressive views of our idyllic campus. Beautiful artwork adorns the walls and includes something for every taste — from traditional to modern — as well as paintings, drawings and sculptures created by unusually talented Fox Hill residents.

PERSONAL.

At Fox Hill Village, we offer more than 16 different floor plans and infinite ways to make them your own. Whether you choose a roomy one-bedroom apartment, a spacious two-bedroom with a den, or an even larger home, you'll have plenty of room for living and entertaining, large windows, a balcony (most floor plans), and scenic views.

As an owner, you can customize your home to meet your needs and fit your tastes. The experts in our on-site design center are available to help you make choices and carry out the renovations if you choose.

PICTURED:

Nude Descending a Staircase by the Scientist as an Artist and Fox Hill Village Resident, Fielding B.





PICTURED:

Salome by the Scientist
as an Artist and Fox Hill Village
Resident, Fielding B.



pursue life Creatively.

IMAGINE THE LIFE YOU WANT. THEN, BUILD IT.

Taking a creative approach to life means thinking beyond the expected, the predictable, or the ordinary. At Fox Hill Village, you'll meet people who are diverse in their thinking, backgrounds, and interests. But what they all have in common is a proactive approach to living.

Fox Hill residents are excited about life, meeting new people, learning, and sharing. You'll be warmly welcomed into this community that honors and respects individuality and privacy while also actively working toward its cooperative goals. And you'll find long-tenured staff who are invested in making every day special.

Fox Hill's well-curated mix of services and amenities makes life here stimulating and engaging. Discover whole-person wellness programming that challenges your muscles as well as your brain. Build strength and flexibility in our sunlit, state-of-the-art fitness center. Explore the arts in a painting class, a writing group, or a course on opera. Join a small-group discussion or a larger symposium and consider global affairs, the impacts of history or the merits of the Red Sox' latest trade. Take a deep dive into a variety of interests with resident-led clubs and groups that explore foreign languages, literature, arts and crafts, music, and other enriching pursuits. You might even choose to start a new group and introduce your fellow residents to one of your own passions.

THE CENTER OF AN ACTIVE LIFE.

The Village Commons is the crossroads of Fox Hill Village and a center for many of the conveniences and amenities you'll find all under one roof. Here you can experience our chef's delectable cuisine with fine dining in the Main Dining Room or choose more casual fare in the Café. Enjoy lunch or dinner on the patio, host a meal in the private dining room, or meet friends for a drink in the cocktail lounge. Afterward, you might take in a performance or a lecture in the auditorium, challenge friends to a game of pool, poker, or Scrabble® in the club room, join other artists and crafters in the hobby room, or hone your skills in the wood shop.

The Village Commons is also where you'll pick up your mail, access concierge banking services and an ATM, or purchase sundries and gifts at the convenience store. If you're looking for a good book, our extensive library is open 24 hours a day and is part of the Massachusetts Library System with access to its resource sharing network.





The recently completed Baker West wing adds even more to love about Fox Hill Village — and even more ways to improve or maintain your overall wellness. Connected to our main building, Baker West is home to the Bistro with a fireplace and seating that expands onto an outdoor terrace. Floor-to-ceiling

Across from the Bistro, our indoor fitness offerings are rounded out by a heated swimming pool for lap-swimming, water volleyball, and group classes like aqua barre. A golf simulator that lets you play a virtual round of golf on hundreds of courses from around the world. And best of all, the “links” are open rain or shine.

WELL-DESIGNED TO PROMOTE YOUR WELL-BEING.

windows flood the space with natural light, and lead to the fitness center where our wellness coach is available to help you create an individualized health and wellness plan. You’ll find “smart” strength-training equipment that automatically adjusts to you, and a group exercise room where you can join friends for some aerobic exercise, yoga, tai chi, balance or Drums Alive® classes. This is also home to the center for physical and occupational therapy.

Down the hall, our salon and spa offer a full menu of services designed to help you look and feel your best. From haircuts, styling, and coloring to nail services, facials, and massage, your visit will leave you feeling like a new person.

A variety of lifelong learning opportunities also take place in the Baker West classroom and meeting room — both outfitted with smart boards and audio loop. Just across the hall you’ll have access to the onsite Brigham and Women’s Health Center with drop-in services as well as primary care physicians and a geriatrician available by appointment.



“As we age it’s comforting to be in an attractive environment that keeps us young and thriving. Our bodies are nourished with excellent food and strengthened with modern exercise. Our minds are stimulated with activities that encourage us to learn, explore, question and think.”

— Sandy, resident





Savor

life's full banquet.

**(BECAUSE EXCEPTIONAL DINING
IS ABOUT SO MUCH MORE THAN FOOD.)**

By all accounts, dining at Fox Hill Village is a noteworthy experience — whether fine dining or casual, breakfast, lunch, or dinner. Of course, it begins with enticing menus that include not only creative twists on classic offerings and resident favorites, but also a changing mix of appealing new tastes created by our chef with each season's most flavorful organic ingredients. And then there are the tempting fresh-baked breads, pastries and desserts lovingly and skillfully crafted by our pastry chef. But meals here also offer something more.

At Fox Hill Village, meals are a time for friendship and sharing, conversation and camaraderie. There's a warmth you can feel as friends old and new sit down to share the day's repast and speak about their lives, current events, or the newest book they're reading. Weekly summer barbeques bring the community together for a relaxed outdoor meal. And when the weather cools, lantern heaters and a stone fire pit on the patio create an atmosphere for sharing stories and laughter at day's end. With each new friend and each shared meal, you'll know you're part of a community of people who truly enjoy being here for each other.

Sometimes you'll want the easygoing elegance of our Main Dining Room that takes its cues from fine dining restaurants. Sometimes you'll be in the mood for a more casual bite at the Café or the Bistro. And still other times, you'll feel like getting something to go or just staying in. Whatever strikes your fancy, Fox Hill has you covered with choices in dining venues and menus, a flexible meal plan, and even room service and catering.

FEELING HUNGRY? YOU'LL HAVE A BUFFET OF OPTIONS.

If you have a special diet, our staff is happy to accommodate you.

Vegetarian options are always on the menu and our chef can tailor recipes and preparation methods for those following low sodium, gluten-free, sugar-free, or dairy-free diets. Have a different requirement? Just ask.

The Main Dining Room: This is fine dining at its best in a refined atmosphere for lunch and dinner with

full cocktail service. When weather permits, enjoy al fresco dining on the patio overlooking Fox Hill's beautifully landscaped gardens and natural woodlands.

The Café: A more intimate and casual option, the Café offers dinner in a relaxed setting with beautiful woodland views.

Cocktail Lounge: Adjacent to the Main Dining Room, the Cocktail Lounge is a full-service bar.

The Bistro: Located in the Baker West wing, The Bistro is a casual dining option for breakfast and lunch, with floor-to-ceiling windows, a fireplace, and al fresco dining on an expansive outdoor terrace.

Private Dining Room: Reserve the Private Dining Room for special events or family dinners. Catering is available.

Take-Out and Room Service: For your convenience, take-out and room service are available for all meals.



Feel the **Embrace** of nature.



A NATURALLY BEAUTIFUL CAMPUS

“This morning I ventured down to my garden. The morning sun was peeking through the trees and there was not a sound to be heard. As I walked slowly through the woods, I was overcome with a feeling of great peace. This is happiness at Fox Hill Village!”

— June, resident







When you arrive at Fox Hill Village, you'll feel as though you've entered an exquisite natural retreat. Though we're just 12 miles from the heart of Boston, our 110-acre campus is a private enclave of serene woodlands and landscaped gardens that blend pleasingly with the native environment.

REVEL IN THE MENTAL, PHYSICAL, AND SOCIAL BENEFITS OF GREEN SPACE.

You'll find an extensive system of paved walking paths for a leisurely stroll or an energetic power-walk. Multiple hiking trails cover different types of terrain for varied fitness challenges. Pick up a copy of our Tree Walk guide and follow along to identify at least 25 different varieties of trees that dot our landscape and be sure to keep an eye out for the many bird species that traverse our part of the Atlantic Flyway each year.

If you have a green thumb, you'll enjoy planting your own flowers, fruits, or vegetables in the resident gardens where fellow growers readily share knowledge and experience with each other. If you're a golfer, our outdoor putting green provides an opportunity to practice your short game as you sharpen the all-important concentration, focus and muscle memory. Plus, it's a fun place to spend some time with your grandchildren and pass on your love of the game.

After an active day, relax on the patio with your favorite beverage and let the sights and sounds of the natural environment wash over as you breathe the fresh air and bask in feelings of peace and contentment. This is the very essence of life at Fox Hill Village.







Access

the care you
need when
you need it.

(THE PEACE OF MIND IS FREE.)

Another unique feature of Fox Hill Village is our innovative approach to health care. Health services here have been carefully designed to empower you to live independently for as long as possible. That starts with short-term, strategic help provided in your home by our healthcare staff. Should a time come when you're no longer able to live independently, you'll find Assisted Living Continuing Care and Memory Care in small-home settings that offer privacy, social connection, and personalized assistance. As a resident, you'll have priority access to the full continuum of services on our campus, and you'll only pay for the care you need when you need it.

Following is a brief list of on-site care services available at Fox Hill Village. More detailed descriptions may be found on the insert located in the pocket of this brochure.

- **Drop-in Clinic** for acute needs or health monitoring. Open every weekday morning, the Clinic is staffed by nurse practitioners and registered nurses from the highly respected Brigham and Women's Hospital.
- **Primary Care** is provided by Brigham and Women's Hospital. A geriatrician and primary care physicians see residents by appointment at the Baker West Clinic several days each week.
- **Outpatient Therapy Services** are available on-site and include physical, occupational and speech/language therapy.
- **Supportive Services in your home** for residents who need assistance with daily tasks such as grooming, bathing and medication management.
- **Assisted Living Memory Care at White Oak Cottages** provides a personalized program of care developed by the innovative Green House® Project. At White Oak Cottages, those diagnosed with Alzheimer's disease or another form of dementia enjoy living in one of two small-home cottages which are certified by the state as Special Care Assisted Living Residences.
- **Assisted Living with Continuing Care at Birch Grove** on the second and third floors of the new Baker West wing is also a Green House® adopter. Birch Grove offers ongoing personalized care and assistance for those with physical limitations. There are two homes, each comprised of 12 private suites, an open kitchen, and bright and airy common areas where residents gather to dine and engage with each other and the staff.

While this viewbook is designed to give you an overview of life at Fox Hill Village, the best way to get to know us is to visit in person. We invite you to take a tour, attend an event, enjoy a meal, and talk with current residents to get a first-hand perspective on what it's like to live here.

To schedule your visit, simply call us at 781.399.7000.



10 Longwood Drive
Westwood, Massachusetts 02090
Phone: 781.399.7000
FoxHillVillage.com

Directions:

Take I-95 to Exit 31B (Route 109-W) and
merge onto High Street/Route 109-W.
Turn left at the first set of lights and bear
right onto Longwood Drive. Follow Longwood
Drive to the end to arrive at Fox Hill Village.

