

# February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>LOCATION KEY</b></p> <p>(A) Auditorium (BWC) Baker-West Classroom (BWBR) Baker-West Board Room (B) Bistro (GSR) Golf Simulator Room (CLB) Club Room</p>	<p><b>LOCATION KEY</b></p> <p>(CON) Conservatory (CR) Card Room (FC) Fitness Center (GR) Games Room (HR) Hobby Room (H) Hunt Room</p>	<p><b>LOCATION KEY</b></p> <p>(KN) Knuckle (L) Lobby (MDR) Main Dining Room (PG) Putting Green (PR) Poker Room (PDR) Private Dining Room (WC) Wellness Center</p>	<p><b>“While it is February, one can taste the full joys of anticipation. Spring stands at the gate with her finger on the latch.”</b></p> <p>— <i>Patience Strong</i></p>	<p><b>1</b></p> <p>8:45 &amp; 9:30 Balance &amp; Strength (FC) 9:30 Duplicate Bridge (\$) (GR) <b>10:00 Trans. to Devens Lect./MFA (\$)</b> 10:15 Sit &amp; Get Fit (FC) 10:30 Needle Workers/Knitting (CON) 1:00 Poker (PR) <b>3:00 Speaker Series—Scott McKnight: “Global Energy Transformation” Part I (A)</b></p>	<p><b>2 Groundhog Day</b></p> <p><b>9:00 Dr. Ulrich Hearing Clinic BWC</b> 9:00 Floor, Core, &amp; More (FC) 9:45 French Group: Le Cercle Francais (PR) 10:00 Blood Pressure Clinic (WC) 11:00 Trivial Pursuit (GR) <b>11:00 Bus to Symphony (B Series) (\$)</b> 1:30 Mah Jongg (GR) <b>2:30 CONCERT: NEC Honors String Quartet (A)</b> <b>3:00 Shuffleboard Games (PR)</b> 7:30 Movie: <i>Rustin</i> (A)</p>	<p><b>3</b></p> <p>8:40 &amp; 9:30 Exercise Videos (A) 10:00 Coffee Social (B) 10:30 Rummikub (CR) 11:00 Movie: <i>La La Land</i> (A) <b>2:00 GREAT COURSES DVD Series (A)</b> 4:05 St. Margaret Mary’s Church 7:30 Movie: <i>Sleepless in Seattle</i> (A)</p>
<p><b>4</b></p> <p><b>1:00 Dover Church Service (A)</b> 1:30 Mah Jongg (GR) <b>2:30 Tech Workshop: “Ordering Grocery Delivery” (A)</b> 7:30 Movie: <i>La La Land</i> (A)</p>	<p><b>5</b></p> <p>8:40 &amp; 9:30 Exercise Videos (A) 9:30 &amp; 10:15 Trip to Roche Bros. 10:00 Painting Class (\$) (HR) 11:00 Meditation Mondays (A) <b>1:30 Best of Broadway Cardio Dance (A)</b> 1:30 Chicago Bridge (CR) 1:40 Pickle Ball in Wimbledon MetroWest 2:00 Bells Rehearsal (BWC) <b>7:15 Metropolitan Opera on the Big Screen: <i>Aida</i> (A)</b></p>	<p><b>6</b></p> <p>8:45 &amp; 9:30 Balance &amp; Strength (FC) <b>9:00 Reading Music with Cici (A)</b> 10:15 Sit &amp; Get Fit (FC) <b>10:30 FHV Chorus Rehearsal (A)</b> 1:30 Yoga (FC) <b>2:30 St. Paul Service (BWC)</b> <b>2:30 The Crown Season 6: Episodes 3 &amp; 4 (A)</b></p>	<p><b>7</b></p> <p><b>10:30 Resident Meeting (A)</b> 11:00 Tai Chi (FC) <b>1:15 Movie: <i>Oppenheimer</i> (A)</b> 2:30 Rummikub (CR) <b>2:30 Economy &amp; Markets Group (1<sup>st</sup> Meeting) (BWBR)</b> 3:00 Balance Basics (FC) 7:30 Documentary: <i>American Symphony</i> (A)</p>	<p><b>8</b></p> <p>8:45 &amp; 9:30 Balance &amp; Strength (FC) 9:30 Duplicate Bridge (\$) (GR) 10:15 Sit &amp; Get Fit (FC) 10:30 Needle Workers/Knitting (CON) 1:00 Poker (PR) <b>3:00 Speaker Series—Scott McKnight: “Global Energy Transformation” Part II (A)</b></p>	<p><b>9</b></p> <p>9:00 Floor, Core, &amp; More (FC) 9:45 French Group: Le Cercle Francais (PR) 11:00 Trivial Pursuit (GR) <b>11:00 Trip to Symphony (A Series) (\$)</b> 1:30 Mah Jongg (GR) <b>3:00 Shuffleboard Games (PR)</b> 7:30 Movie: <i>Bridge of Spies</i> (A)</p>	<p><b>10</b></p> <p>8:40 &amp; 9:30 Exercise Videos (A) 10:00 Coffee Social (B) 10:30 Rummikub (CR) 11:00 Movie: <i>Truly, Madly, Deeply</i> (A) <b>2:30 Chinese New Year Celebration (A)</b> 4:05 St. Margaret Mary’s Church 7:30 Movie: <i>Bridge of Spies</i> (A)</p>
<p><b>11</b></p> <p><b>9:15 Our Bus to Dover Church</b> 11:30 Bingo (BWC) 1:30 Mah Jongg (GR) <b>2:30 CONCERT: Singer Robert McFletcher-Jones and Trio (A)</b> 6:30 Super Bowl on the Big Screen (A)</p>	<p><b>12</b></p> <p>8:40 &amp; 9:30 Exercise Videos (A) 9:30 &amp; 10:15 Trip to Roche Bros. 10:00 Painting Class (\$) (HR) 11:00 Meditation Mondays (BWC) <b>12:15 Black History Month Lunch &amp; Learn (A) \$</b> 1:30 Zumba (FC) 1:30 Chicago Bridge (CR) 1:40 Pickle Ball in Wimbledon MetroWest 2:00 Bells Rehearsal (BWC) <b>3:00 Wine Tasting with Total Wines (H)</b> <b>7:15 Broadway on the Big Screen: <i>Camelot</i> Starring Richard Harris (A)</b></p>	<p><b>13</b></p> <p>8:45 &amp; 9:30 Balance &amp; Strength (FC) <b>9:00 Reading Music with Cici (A)</b> 10:15 Sit &amp; Get Fit (FC) <b>10:30 FHV Chorus Rehearsal (A)</b> <b>11:00 Kitchen Tours—SIGN UP REQUIRED (H)</b> <b>1:00 Health Ed Talk “Cardiac Disease: Why is My Heartbeat Irregular” (BWC)</b> 1:30 Yoga (FC) <b>1:30 “Singing 101” with Cici (A)</b> <b>7:00 Dixie Diehards Mardi Gras Band (A)</b></p>	<p><b>14 Valentine's Day</b></p> <p>10:00 Trip: Trader Joe’s <b>10:30 Book Discussion Group (A)</b> 11:00 Tai Chi (FC) <b>12:15 Eucharistic Minister Bob Smith (A)</b> <b>2:30 The Dating Game (A)</b> 2:30 Rummikub (CR) 3:00 Balance Basics (FC) <b>5:00 Valentine’s Day Dance (MDR)</b> 7:30 Movie: <i>Casablanca</i> (A)</p>	<p><b>15</b></p> <p>8:45 &amp; 9:30 Balance &amp; Strength (FC) 9:30 Duplicate Bridge (\$) (GR) <b>10:00 Trans. to Devens Lect./MFA(\$)</b> 10:15 Sit &amp; Get Fit (FC) 10:30 Needle Workers/Knitting (CON) 1:00 Poker (PR) <b>2:30 Speaker Series—Dennis Frey: “New Avenues in Historiography” Part I (A)</b></p>	<p><b>16</b></p> <p>9:00 Floor, Core, &amp; More (FC) <b>9:30 Caregiver Support Group (PDR)</b> 9:45 French Group: Le Cercle Francais (PR) 11:00 Trivial Pursuit (GR) <b>11:00 Trip to Symphony (B Series) (\$)</b> <b>1:00 Catholic Mass with Father Paul (A)</b> 1:30 Mah Jongg (GR) <b>3:00 Shuffleboard Games (PR)</b> 7:30 Movie: <i>Cats</i> (A)</p>	<p><b>17</b></p> <p>8:40 &amp; 9:30 Exercise Videos (A) 10:00 Coffee Social (B) 10:30 Rummikub (CR) 11:00 Movie: <i>Cats</i> (A) <b>2:30 CONCERT: Sarita Urinovski Duo (A)</b> 4:05 St. Margaret Mary’s Church 7:30 Movie: <i>Mao’s Last Dance</i> (A)</p>
<p><b>18</b></p> <p>8:30 WESTWOOD TAILOR (BWC) 11:30 Bingo (BWC) 1:30 Mah Jongg (GR) <b>2:30 CONCERT: Best Love Songs of the 40s, 50’s and 60’s (A)</b> 7:30 Movie: <i>Mao’s Last Dance</i> (A)</p>	<p><b>19 Presidents Day</b></p> <p>8:40 &amp; 9:30 Exercise Videos (A) 9:30 &amp; 10:15 Trip to Roche Bros. 10:00 Painting Class (\$) (HR) 11:00 Meditation Mondays (A) 1:30 Zumba (FC) 1:30 Chicago Bridge (CR) 1:40 Pickle Ball in Wimbledon MetroWest 2:00 Bells Rehearsal (BWC) <b>2:30 Presidents Day Team Trivia (A)</b> <b>7:15 Presidents Day Film: <i>Vice</i> (A)</b></p>	<p><b>20</b></p> <p>8:45 &amp; 9:30 Balance &amp; Strength (FC) 10:15 Sit &amp; Get Fit (FC) <b>10:30 FHV Chorus Rehearsal (A)</b> 1:30 Yoga (FC) <b>2:30 St. Paul Service (BWC)</b> <b>2:30 The Crown Season 6: Episodes 5 &amp; 6 (A)</b></p>	<p><b>21</b></p> <p>8:40 &amp; 9:30 Exercise Videos (A) 11:00 Tai Chi (A) <b>2:00 Heart Failure Support Group (PR)</b> <b>2:00 Great Decisions Presentation &amp; Discussion: Mideast Realignment (A)</b> 2:30 Rummikub (CR) 3:00 Balance Basics (FC) <b>4:00 Newcomer Wine &amp; Cheese (B)</b> 7:30 Documentary: <i>Joan Baez: I Am A Noise</i> (A)</p>	<p><b>22</b></p> <p>8:45 &amp; 9:30 Balance &amp; Strength (FC) 9:30 Duplicate Bridge (\$) (GR) 10:15 Sit &amp; Get Fit (FC) 10:30 Needle Workers/Knitting (CON) 1:00 Poker (PR) <b>2:30 Speaker Series—Dennis Frey: “New Avenues in Historiography” Part II (A)</b></p>	<p><b>23</b></p> <p>9:00 Floor, Core, &amp; More (FC) 9:45 French Group: Le Cercle Francais (PR) 11:00 Trivial Pursuit (GR) 1:30 Mah Jongg (GR) <b>2:30 World of Art Group (BWBR)</b> <b>2:00 Great Decisions “Encore” Presentation &amp; Discussion (BWBR)</b> <b>3:00 Shuffleboard Games (PR)</b> 7:30 Movie: <i>The Butler</i> (A)</p>	<p><b>24</b></p> <p>8:40 &amp; 9:30 Exercise Videos (A) 10:00 Coffee Social (B) 10:30 Rummikub (CR) 11:00 Movie: <i>The Butler</i> (A) <b>2:30 BHM Live Lecture: Larae Ferry on Alvin Ailey American Dance Theater Company (A)</b> 4:05 St. Margaret Mary’s Church 7:30 Movie: <i>Fisherman’s Friends</i> (A)</p>
<p><b>25</b></p> <p>11:30 Bingo (BWC) <b>1:15 Movie: <i>Oppenheimer</i> with Snacks &amp; Intermission at 3:00 pm (A)</b> 1:30 Mah Jongg (GR) 7:30 Movie: <i>Fisherman’s Friends</i> (A)</p>	<p><b>26</b></p> <p>8:40 &amp; 9:30 Exercise Videos (A) 9:30 &amp; 10:15 Trip to Roche Bros. 10:00 Painting Class (\$) (HR) 11:00 Meditation Mondays (A) <b>12:15 Black History Month Lunch &amp; Learn (A) \$</b> 1:30 Zumba (FC) 1:30 Chicago Bridge (CR) 1:40 Pickle Ball in Wimbledon MetroWest 2:00 Bells Rehearsal (BWC)</p>	<p><b>27</b></p> <p>8:45 &amp; 9:30 Balance &amp; Strength (FC) 10:15 Sit &amp; Get Fit (FC) <b>10:30 FHV Chorus Rehearsal (A)</b> <b>1:00 TRIP: Total Wines in Dedham</b> 1:30 Yoga (FC) <b>2:00 Java with Jackie &amp; Linda: “Let’s Talk About Random Acts of Kindness” (PR)</b> <b>2:30 The Crown Season 6: Episodes 7 &amp; 8 (A)</b> <b>4:00 Welcome Committee Meeting (BWBR)</b></p>	<p><b>28</b></p> <p>8:40 &amp; 9:30 Exercise Videos (A) 11:00 Tai Chi (A) <b>12:30 TRIP: N.E. Botanical Garden Orchid Show (\$)</b> 3:00 Balance Basics (FC) <b>4:00 February Birthday Cocktail Party (H)</b> <b>6:15 Trip to Club Café (\$)</b> 7:30 Foreign Film: <i>Aftersun</i> (A)</p>	<p><b>29</b></p> <p>8:45 &amp; 9:30 Balance &amp; Strength (FC) 9:30 Duplicate Bridge (\$) (GR) 10:15 Sit &amp; Get Fit (FC) 10:30 Needle Workers/Knitting (CON) 1:00 Poker (PR) <b>2:30 Speaker Series—Judge Curran: “1962 NSA Crisis and Juanita Moody” (A)</b> <b>7:15 National Theater Live Presents: “A View From the Bridge” (A)</b></p>	<p><b>"Change will not come if we wait for some other person or some other time. We are the ones we've been waiting for. We are the change that we seek."</b></p> <p>—President <i>Barack Obama</i></p>	

